

**(CR15) CATEGORY THEORY FOR COMPUTER SCIENTISTS:
LECTURE 9**

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Last time: adjoint functors; preservation of (co)products.

Proof that right adjoints preserve products. Let $L \dashv R$ with $R: \mathcal{C} \rightarrow \mathcal{D}$. Let $(B, (\pi_i)_{i \in I})$ be a product of $(A_i)_{i \in I}$ in \mathcal{C} . Recall (from Lecture 7 on representable functors) that this is equivalent to having a natural bijection

$$\mathcal{C}(-, B) \cong \prod_{i \in I} \mathcal{C}(-, A_i)$$

that maps id_B to $(\pi_i)_{i \in I}$, which implies that it maps any f to $(\pi_i \circ f)_{i \in I}$. We have:

$$\mathcal{D}(-, R(B)) \cong \mathcal{C}(L(-), B) \cong \prod_{i \in I} \mathcal{C}(L(-), A_i) \cong \prod_{i \in I} \mathcal{D}(-, R(A_i))$$

This shows that $R(B)$ is a product of $(R(A_i))_{i \in I}$, for a family of projections which is the image of $\text{id}_{R(B)}$ by this natural bijection (obtained by composition), that is:

$$((\theta_{X, A_i} \circ (\pi_i \circ -) \circ \theta_{R(B), B}^{-1})(\text{id}_{R(B)}))_{i \in I}$$

To simplify this expression and conclude, it suffices to observe that, by naturality, we have $\theta_{X, A_i} \circ (\pi_i \circ -) = \underbrace{(R(\pi_i) \circ -)}_{\mathcal{D}(X, R(\pi_i))} \circ \theta_{X, A_i}$. \square

$$\mathcal{C}(L(X), \pi_i) \quad \mathcal{D}(X, R(\pi_i))$$

MONADS

Definition. Consider an adjunction $\mathcal{C} \begin{array}{c} \xrightarrow{L} \\ \perp \\ \xleftarrow{R} \end{array} \mathcal{D}$ with unit η and counit ε .

The monad induced by this adjunction is (M, μ, η) where

$$M = R \circ L \quad \mu = R(\varepsilon_L) = (R(\varepsilon))_L \text{ (cf. Lecture 6)}$$

Thus $M: \mathcal{C} \rightarrow \mathcal{C}$ is an endofunctor, $\eta: \text{Id}_{\mathcal{C}} \Rightarrow M$ and

$$\mu: R \circ (L \circ R) \circ L \Rightarrow R \circ L \quad \text{i.e.} \quad \mu: M \circ M \Rightarrow M$$

We call η the *unit* of the monad, and μ its *multiplication*.

Note that the types of η and μ only refer to M , not to L and R separately. This will allow us to give later a direct definition of monads of the form “these diagrams involving η and μ must commute”.

First, we look at monads on **Set**.

List monad: From the free/forgetful adjunction $(-)^* \dashv U$ we get a monad (List, η, μ) where $\eta_X(x) = [x]$ and μ “flattens” lists of lists:

$$\begin{aligned} \mu_X: \text{List}(\text{List}(X)) &\rightarrow \text{List}(X) \\ [\ell_1, \dots, \ell_n] &\mapsto \ell_1 \cdot \dots \cdot \ell_n \end{aligned}$$

State monad: From the adjunction $(-) \times S \dashv \mathbf{Set}(S, -)$ we get a monad $(\text{State}_S, \eta, \mu)$ where $\text{State}_S(X) = \mathbf{Set}(S, X \times S)$ and

$$\eta_X : X \rightarrow \mathbf{Set}(S, X \times S)$$

$$x \mapsto (s \mapsto (x, s)) \quad (\text{cf. Lecture 8})$$

$$\mu_X : \mathbf{Set}(S, \mathbf{Set}(S, X \times S) \times S) \rightarrow \mathbf{Set}(S, X \times S)$$

$$m \mapsto (s \mapsto \varepsilon_{X \times S}(m(s)))$$

where $\varepsilon_Y : (f, s') \mapsto f(s')$ for $g : S \rightarrow Y$ and $s' \in S$.

The surprising thing is that monads on \mathbf{Set} can represent *computational effects*.¹

Definition (“bind” operator). Let (M, μ, η) be a monad with $M : \mathbf{Set} \rightarrow \mathbf{Set}$. Let $m \in M(X)$ and $f : X \rightarrow M(Y)$. We set $m \gg f = \mu_Y(M(f)(m))$.

For the list monad, this is the `concat_map` function in OCaml:

$$[x_1, \dots, x_n] \gg f = f(x_1) \cdot \dots \cdot f(x_n)$$

For example $[1, 2] \gg (x \mapsto [0, 3x]) = [0, 3, 0, 6]$. We can also chain \gg :

$$[1, 2] \gg (x \mapsto [0, 3x]) \gg (y \mapsto [x + y]) = [1, 4, 2, 8]$$

If we consider a list as an (ordered²) *nondeterministic superposition* then the above can be seen, informally, as the semantics of a nondeterministic program:

$$x \leftarrow \text{choose } [1, 2]; y \leftarrow \text{choose } [0, 3x]; \text{return } (x + y)$$

With this point of view, $\eta(z) = [z]$ is the deterministic choice of the “pure value” z .

The state monad corresponds to having a mutable global variable, let’s call it v :

$$m \in \text{State}_S(X) \iff m : \overbrace{S}^{\text{old value of } v} \rightarrow \underbrace{X \times S}_{\text{return value}} \overbrace{S}^{\text{new value of } v}$$

$\eta_X(x) : s \mapsto (x, s)$ is a computation that returns x without changing the state, and

$$m \gg f = [s \mapsto \text{let } (x, s') = m(s) \text{ in } f(x)(s')]$$

So we can represent the semantics of $x \leftarrow v; v := x + 1; \text{return } x$ (for $S = \mathbb{N}$) as

$$\text{get} \gg (x \mapsto \text{put}(x + 1)) \gg (y \mapsto \eta(x)) = (s \mapsto (s, s + 1))$$

$$\text{where} \quad \text{get} : S \rightarrow S \times S \quad \text{put} : S \rightarrow \mathbf{Set}(S, \{*\} \times S)$$

$$s \mapsto (s, s) \quad s \mapsto [s' \mapsto (*, s)]$$

(these translations between imperative programs and chains of \gg correspond roughly to Haskell’s “do-notation”).

Let us mention yet another example of cultural interest: the *continuation monad* below models effects that act on the control flow, such as `call/cc`.

$$\mathbf{Set}(\mathbf{Set}(-, A), A) \quad \text{coming from} \quad \mathbf{Set}^{\text{op}} \begin{array}{c} \xrightarrow{\mathbf{Set}(-, A)} \\ \top \\ \xleftarrow{[\mathbf{Set}(-, A)]^{\text{op}}} \end{array} \mathbf{Set}$$

Given two functions $f : X \rightarrow M(Y)$ and $g : Y \rightarrow M(Z)$, there is now an obvious way to “plug them together”: define

$$f \gg g = (x \mapsto f(x) \gg g)$$

¹A few bibliographic references about monads in programming were given in the notes for Lecture 1.

²To represent nondeterminism without order and multiplicity one can use the covariant powerset monad instead; see the coalgebra course (CR17).

For example, $(y \mapsto [1 + y, 2]) \gg (x \mapsto [0, 3x]) = (y \mapsto [0, 3 + 3y, 0, 6])$. Intuitively, this is a kind of “composition of functions with effects” – here, the effect is a sort of non-determinism. This new operator generalizes to arbitrary categories:

Definition. Let \mathcal{C} be a category, $M: \mathcal{C} \rightarrow \mathcal{C}$ and $\mu: M \circ M \Rightarrow M$. We define the *Kleisli composition* of $g \in \mathcal{C}(B, M(C))$ and $f \in \mathcal{C}(A, M(B))$ as

$$g \ll f = \mu_C \circ M(g) \circ f$$

Proposition. When $\mathcal{C} = \mathbf{Set}$, this general definition of Kleisli composition agrees with the set-specific one (using \gg): $g \ll f = f \gg g$.

Proof idea. Just unfold the definitions. □

Since we have a composition operation, we’d like to use to build a *category*. But to do so, we’d need to check that, for example, Kleisli composition is associative, that is, $(h \ll g) \ll f = h \ll (g \ll f)$. The conditions that make this work are summed up in the following definition.

Definition. An *internal monoid* in $[\mathcal{C}, \mathcal{C}]$ is a 3-tuple (M, μ, η) where:

- M is an endfunctor of \mathcal{C}
- $\mu: M \circ M \Rightarrow M$ and $\eta: \text{Id}_{\mathcal{C}} \Rightarrow M$ are natural transformations
- μ satisfies the *associativity law*: the diagram below commutes

$$\begin{array}{ccc} M \circ M \circ M & \xrightarrow{\mu_M} & M \circ M \\ M(\mu) \downarrow & & \downarrow \mu \\ M \circ M & \xrightarrow{\mu} & M \end{array}$$

- μ and η satisfy the *unit laws*: the diagram below commutes

$$\begin{array}{ccccc} M & \xrightarrow{M(\eta)} & M \circ M & \xleftarrow{\eta_M} & M \\ & \searrow \text{id}_M & \downarrow \mu & \swarrow \text{id}_M & \\ & & M & & \end{array}$$

(this is equivalent to asking the left triangle and the right triangle to commute separately – each triangle corresponds to one of the two unit laws).

Remark. Recall that the notation $[\mathcal{C}, \mathcal{C}]$ stands for the category of functors $\mathcal{C} \rightarrow \mathcal{C}$ (with natural transformations as morphisms). Let us justify the name “internal monoid” by analogy. By formally replacing $([\mathcal{C}, \mathcal{C}], \circ, \text{Id}_{\mathcal{C}})$ with $(\mathbf{Set}, \times, \{*\})$, we may define an *internal monoid in Set* as a set M with $\mu: M \times M \rightarrow M$ (so μ is a binary operation on M) and $\hat{e}: \{*\} \rightarrow M$, where the “associativity law” becomes

$$\begin{array}{ccc} M \times M \times M & \xrightarrow{\mu \times \text{id}_M} & M \times M \\ \text{id}_M \times \mu \downarrow & & \downarrow \mu \\ M \times M & \xrightarrow{\mu} & M \end{array}$$

stating that μ is associative, while the unit laws become the fact that $\hat{e}(\ast)$ is a unit for μ . So an internal monoid in \mathbf{Set} is a monoid in the usual sense!

This analogy will be made technically rigorous in Olivier Laurent’s part of the course using the notion of internal monoid in a *monoidal category*.

Proposition. Every monad on \mathcal{C} induced by an adjunction is an internal monoid in $[\mathcal{C}, \mathcal{C}]$.

Proof. Let $L \dashv R$ an adjunction inducing a monad (M, μ, η) .

If we expand the definitions $M = R \circ L$ and $\mu = R(\varepsilon_L)$ in the associativity diagram, we see that it is the image by $R(-)_L$ of

$$\begin{array}{ccc} L \circ R \circ L \circ R & \xrightarrow{\varepsilon_{L \circ R}} & L \circ R \\ \downarrow L \circ R(\varepsilon) & & \downarrow \varepsilon \\ L \circ R & \xrightarrow{\varepsilon} & \text{Id}_{\mathcal{D}} \end{array}$$

This commutes by naturality of ε . In fact, it corresponds to the equality of the two ways of computing the *horizontal composition* $\varepsilon \circledast \varepsilon$ (cf. Lecture 6):

$$\begin{array}{ccc} \mathcal{D} & \begin{array}{c} \xrightarrow{L \circ R} \\ \downarrow \varepsilon \\ \xrightarrow{\text{Id}_{\mathcal{D}}} \end{array} & \mathcal{D} \\ & \begin{array}{c} \xrightarrow{L \circ R} \\ \downarrow \varepsilon \\ \xrightarrow{\text{Id}_{\mathcal{D}}} \end{array} & \mathcal{D} \end{array}$$

Thus, $\mu \circ \mu_M = R(\varepsilon \circledast \varepsilon)_L = \mu \circ M(\mu)$.

As for the unit laws, they are consequences of the *triangle identities* relating the unit and the counit of the adjunction that induces our monad. For instance the unit law involving $M(\eta)$ is the image by R of

$$\begin{array}{ccc} L \circ R \circ L & \xrightarrow{\varepsilon_L} & L \\ \uparrow L(\eta) & \nearrow \text{id}_L & \\ L & & \end{array}$$

(this diagram has been copy-pasted from the previous lecture; to match it with the left triangle in the unit laws above, rotate it 90° clockwise...). \square

Theorem. Given an internal monoid (M, μ, η) in $[\mathcal{C}, \mathcal{C}]$, the following data indeed defines a category, called the Kleisli category \mathcal{C}_M of M :

- the objects of \mathcal{C}_M are the same as of \mathcal{C}
- $\mathcal{C}_M(A, B) = \mathcal{C}(A, M(B))$ for any two objects A and B
- composition is the Kleisli composition $\llcorner \llcorner$
- the identity for A in $\mathcal{C}_M(A, A) = \mathcal{C}(A, M(A))$ is η_A

Proof. For $f \in \mathcal{C}_M(A, B) = \mathcal{C}(A, M(B))$, $g \in \mathcal{C}_M(B, C) = \mathcal{C}(B, M(C))$ and $h \in \mathcal{C}_M(C, D) = \mathcal{C}(C, M(D))$,

$$\begin{aligned} (h \llcorner \llcorner g) \llcorner \llcorner f &= \mu_D \circ M(\mu_D \circ M(h) \circ g) \circ f \\ &= \mu_D \circ M(\mu_D) \circ M(M(h)) \circ M(g) \circ f \\ \text{(associativity law)} &= \mu_D \circ \mu_{M(D)} \circ M(M(h)) \circ M(g) \circ f \\ \text{(naturality of } \mu) &= \mu_D \circ M(h) \circ \mu_C \circ M(g) \circ f \\ &= h \llcorner \llcorner (g \llcorner \llcorner f) \end{aligned}$$

One can also show that $f \llcorner \llcorner \eta_A = \eta_B \llcorner \llcorner f = f$ for $f \in \mathcal{C}_M(A, B)$ thanks to the unit laws concerning μ and η . \square

If we see a morphism $f \in \mathcal{C}_M(A, B) = \mathcal{C}(A, M(B))$ as an “effectful morphism” for the effect represented by the monad M – as in our previous examples over **Set** – this means we have a general well-behaved notion of “effectful composition”. Now, let us see another remarkable property of Kleisli categories.

Theorem. Let (M, μ, η) be an internal monoid in $[\mathcal{C}, \mathcal{C}]$. Then we have an adjunction $L \dashv R$ inducing the monad (M, μ, η) , where

$$\begin{aligned} L: \mathcal{C} &\rightarrow \mathcal{C}_M & R: \mathcal{C}_M &\rightarrow \mathcal{C} \\ A &\mapsto A & A &\mapsto M(A) \\ f \in \mathcal{C}(A, B) &\mapsto \eta_B \circ f & h \in \mathcal{C}_M(A, B) &\mapsto \mu_B \circ M(f) \end{aligned}$$

An intuition is that L includes “pure” morphisms into “effectful” morphisms, by postcomposing with η which sends pure values to computations that return them.

Corollary. The internal monoids in $[\mathcal{C}, \mathcal{C}]$ are exactly the monads induced by adjunctions.

Thus, we just call **monad** this concept that admits two equivalent definitions.³

Proof of the theorem. First, we need to check that L and R are functors.

For $f \in \mathcal{C}(A, B)$ and $g \in \mathcal{C}(B, C)$,

$$\begin{aligned} L(g) \circ L(f) &= \mu_C \circ M(\eta_C \circ g) \circ \eta_B \circ f \\ &= (\mu_C \circ M(\eta_C)) \circ (M(g) \circ \eta_B) \circ f \\ \text{(unit law + naturality of } \eta) &= \text{id}_{M(C)} \circ \eta_C \circ g \circ f \\ &= L(g \circ f) \end{aligned}$$

Similarly we can check that $R(g') \circ R(f') = R(g' \circ f')$, and that L and R preserve identities. For the adjunction, note that

$$\mathcal{C}_M(L(A), B) = \mathcal{C}(A, M(B)) = \mathcal{C}(A, R(B))$$

and, for $f \in \mathcal{C}(A', A)$ and $g \in \mathcal{C}_M(B, B')$, we have

$$\mathcal{C}_M(L(f), g) = (h \in \mathcal{C}(A, M(B)) \mapsto g \circ h \circ f) = \mathcal{C}(f, R(g))$$

so we have an equality of functors (i.e. equality on both objects and morphisms)

$$\mathcal{C}_M(L(-), -) = \mathcal{C}(-, R(-))$$

and two equal functors are naturally isomorphic by a family of identity morphisms. The unit of the adjunction is the image of the identity for $L(A)$ in \mathcal{C}_M via the natural bijection... but this identity in \mathcal{C}_M is η_A and the bijection sends it to itself.

Finally, the counit is $\varepsilon_A = \text{id}_{M(A)} \in \mathcal{C}(R(A), R(A)) = \mathcal{C}_M(L(R(A)), A)$, therefore $R(\varepsilon_{L(A)}) = R(\varepsilon_A) = \mu_A \circ M(\text{id}_{M(A)}) = \mu_A$: the induced monad is (M, μ, η) . \square

³The internal monoid definition explains this meme: <https://stackoverflow.com/questions/3870088/a-monad-is-just-a-monoid-in-the-category-of-endofunctors-whats-the-problem>